

PRACTICAL MANAGEMENT SKILLS COACHING PROGRAM



OVERVIEW

These coaching programs are designed for people managers who want to improve their ability to manage people in their team and overcome common challenges faced by people managers. Programs are customised to suit each manager's specific needs experience and expertise.

This coaching program offers a practical, work based approach to developing management skills. The program is designed for people who are currently working as a manager.

The coach works with the participant to identify key content areas to focus on, working through learning objectives and tailoring the program to suit their specific learning needs and working context. Between each session the participant applies learning to their work and is able to review and evaluate their performance with the coach.

This coaching program helps to develop knowledge, improve capability and build confidence for people managers.

WHO THIS PROGRAM IS SUITABLE FOR

This program can be tailored for Frontline Managers, Team leaders / Supervisors, New managers and Senior Managers.

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WHO THIS PROGRAM IS SUITABLE FOR

This program is designed for people who are currently working as a manager. Topics are selected from the following as most appropriate.

SECTION	KEY LEARNING CONTENT
Manage personal effectiveness	<ul style="list-style-type: none">- Personal leadership- Manage your time and priorities- Manage stress and develop resilience
Manage people effectively	<ul style="list-style-type: none">- People skills and relationships at work- Effective communication at work- Emotional intelligence at work- Lead difficult conversations
Manage team performance	<ul style="list-style-type: none">- Lead teams- Delegate and assign work- Performance management- Identify challenges you face in your role- Manage behavioural issues- Manage performance below standards

DELIVERY:

- 6 x 1 hour sessions (may be extended if required)
- Scheduling to be agreed between participant and coach; work day, early morning, evening and weekend sessions available
- Delivered via Zoom or other video based platform

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COACHING PROGRAM STRUCTURE

Working with the coach, you will set the outcomes you wish to achieve through the coaching. This agreement is documented so it can be referred back to review and check progress being made. Each coaching session is 60 minutes long and during these sessions the coach will tailor the session design based on your objectives.

WHY A COACHING PROGRAM?

In order for us to change our behaviours, our brains need time to take new concepts, lay them down in our neural circuitry and lots of opportunities to put this new knowledge into practice. By combining this application with feedback and reflection, we strengthen the neural pathways and create new habits. These new behaviours help us become more effective managers and leaders.

When you want

You select the date and time of coaching sessions. They are 60 minutes in duration and can be scheduled during work hours, evenings, mornings or even weekends.

Where you want

A majority of people choose to have their sessions either by phone or video call. This offers the flexibility to have your sessions when you are at work, home, off-site or even in another country.

We also offer face to face coaching delivered onsite at your organisation.* If you have a group of people from 3 to 18 we will deliver on-site in Australia at your premises or a nominated training venue.

FMI'S COACHES

FMI coaches are experienced as leaders and managers themselves and help people with practical and effective coaching to enhance their abilities as leaders and managers or team members.

TO BOOK OR DISCUSS FMI COACHING

For more information please contact our friendly team and we will be happy to discuss with you.

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